



A.D.M. COLLEGE FOR WOMEN

(Autonomous)

Affiliated to Bharathidasan University

(Nationally Accredited with "A" Grade by NAAC – 3rd Cycle)

NAGAPATTINAM 611 001.



HUMAN VALUES AND PROFESSIONAL ETHICS

2021-2022





A.D.M College For Women

(Autonomous)

Nationally Accredited with 'A' Grade by NAAC (Cycle-III)

Nagapattinam -611 001

TamilNadu.



7.1.9 HUMAN VALUES AND PROFESSIONAL ETHICS

NATIONAL CADET CORPS (NCC)

Tree plantation ceremony



NATIONAL CADET CORPS (NCC) REPORT

S.No	Name of the unit	8 (TN) BN NCC , Kumbakonam
1.	Name of the sub unit and location	9/8 , company , ADM college forwomen (A) , Nagapattinam
2.	Name of the event and date	1. Swachtha & Covid -19 awareness Programme Vaccination awareness 18-12-21 2. Nukkad (segregation ofwaste) 19-12-21 3. Park and beachcleaning 20& 21-12-21
3.	Venue of the event	Nagapattinam beach ,Andhanapettai village , children's park .
4.	Number of cadets participated	20 cadets for each event

(b) Brief of the event (to include action taken and CDT/ ANO participated) :

A.D.M College for women, Nagapattinam, NCC wing has carried out various social service activities, such as vaccination awareness Programme, street play and park and beach cleaning in Nagapattinam area. Cleaning the seashore beach and park were done under swachhta activity. A street play (Nukkad) on the theme "segregation of waste" was played by the NSS -students. Awareness on importance of vaccination was done to the Andhanapettai village people .Lt. R.Latha, ANO initated the drive and 20 NCC cadets were actively participated in the social service activity.

Vaccination Awareness Programme -18-12-2021



Nukkad (Street play on Segregation of wastes)19-12-2021.



Park cleaning20-12-2021



Beach cleaning21-12-2021



NATIONAL CADET CORPS (NCC)

Tele & Fax : 0435-2900790
Email : tri8tnbn@gmail.com

8 Tamil Nadu Bn NCC
78, 1st Main Street
Srinagar Colony
Kumbakonam - 612001

No.415/1/Trg

21 Apr 2022

All Coy/Trp Cdrs

SSCD ACTIVITIES: 2022-23 PUNEET SAGAR ABHIYAN

1. Instructions from higher formation have been received for conduct of Social Service and Community Development activities for the Trg year 2022-23.
2. In this connection, NCC Dte (TNP&AN) Chennai letter No.1004/PS/SBP/Trg (T4) dt 02 Mar 2022 is attached herewith for your reference.
3. Following activities to commemorate Puneet Sagar Abhiyan and Spl days/drives, will be conducted as per following schedule and reasonability.

(a) Puneet Sagar Abhiyan

SN	Date	Activity	Responsibility sub units to conduct
(i)	22 Apr 2022	Earth day	SASTRA Kumbakonam,
(ii)	11 Jun 2022	World Ocean Day	ADMC, NHSS Nagapattinam & Nagai, OLHSS Vailankanni
(iii)	17Aug 2022	International Youth Day	MRGAC, NHSS & FHSS Mannargudi &
(iv)	02 Dec 2022	Earth day	Annai College & Arasu Engg College Kumbakonam

(b) Spl National/ International Days & Drives

S. No.	Date	Activity	Theme	Responsibility sub units to conduct
(i)	31 May 2022	Anti Tobacco Day	Drug destroys life	GAC Kumbakonam
(ii)	02 Oct 2022	Gandhi Jayanthi	Swachh Bharat Abhiyan	All Coy/ Troops
(iii)	27 Nov 2022	NCC Day	Blood Donation	AVC, DAAC, AVC Engg
(iv)	13 Feb 2023	National Women's Day	Women Empowerment	SETC(W) Mannargudi & ADMC Nagapattinam

4. On completion of events, sub units are requested to fwd feedback report alongwith Photographs (with geo tagging and without geo tagging) and Newspaper clippings.

Encl: (as above)


Commanding Officer
8 (TN) BN NCC
KUMBAKONAM
D.O.Code SB - 403



NATIONAL CADET CORPS (NCC)

INTERNATIONAL YOGA DAY (21.06.22)

The International Yoga Day was organized at ADM College for women (Nagapattinam), on 21st June 2022. A total of 30 cadets participated in the event. Dr.R.Anbuselvi, Principal inaugurated and addressed the gathering and insisted to practice yoga to create a holistic approach to health and well-being. All the cadets were actively participated and exhibited their yoga skills in the event.



NATIONAL SERVICE SCHEME (NSS)

The Role of NSS Volunteers in the Progress of the Country

A.D.M. COLLEGE FOR WOMEN (Autonomous)

Nagapattinam

Affiliated to Bharathidasan University, Tiruchirapalli

(Nationally Accredited with "A" Grade by NAAC- 3 Cycle)

National Service Scheme

**TOPIC : THE ROLE OF NSS VOLUNTEERS IN THE PROGRESS OF THE
COUNTRY**

Resource Person

Dr.T.VASUGI

Former NSS Programme Officer,

Associate Professor in Tamil,

A.D.M College for Women (Autonomous),

Nagapattinam.

Date: 11.12.2021

TIME: 02.00 p.m to 4.00 p.m

NSS Programme Officers

Mrs. P.Kavitha (Unit I)

Mrs.D.Savithiri (Unit II)

PRINCIPAL

Dr.R.Anbuselvi.


MINUTES

THE ROLE OF VOLUNTEERS

A.D.M College for Women (Autonomous), Nagapattinam, National Service Scheme organised a one day seminar on 11.12.2021 in A.V Room. Mrs.P.Kavitha NSS Programme officer proposed welcome address. Dr.R.Anbuselvi, Principal Incharge has given a presidential address to the NSS Students. In her speech she shared her experience of the role of NSSvolunteers in the progress of the society. NSS Programme, remind our golden days of olden days. Dr.T.Vasugi Former NSS Programme officer, HOD & Associate Professor of Tamil has given a special guestaddress. In her speech, she the students as their first duty is to treat their period of study for indulging in intellectual activity and delivered the Moto, Types of NSS activities of different types of NSS services. The Chief Guest motivated to prepare themselves for find dedication in the service of the society. To create as awareness among the NSS Volunteers. All the NSS Volunteers enthusiastically participated in this programme. Selvi. Sivagnavalli II B.Sc., chemistry proposed vote of thanks. The programme came to end with National Anthem.



NATIONAL SERVICE SCHEME (NSS)
World Glaucoma Awareness Programme


DISTRICT BLINDNESS CONTROL SOCIETY
NAGAPATTINAM

ADM COLLEGE FOR WOMEN (A) NSS UNIT I & II
Jointly Organised
World Glaucoma Awareness Quiz Programme

Prayer song : **NSS Students**

Welcome Address **Dr R.Anbuselvi**
THE PRINCIPAL,ADM college for
women(A) Nagapattinam

Quiz competition **Thiru S.Murugesan DOA**
Govt PHC Thirumarugal
Thiru S.Gopala Krishnan DOA
Ophthal department
Thiru R.Balakumar DEO DBCS

Winners Announcement **Mrs P.Kavitha**
NSS Programme Officer

Special address and
prize Distribution **Dr Boobesh dharmendra MBBS,DO**
District programme manager ,DBCS

Dr M. Kumaran MSDO
Dr.E.Saravanakumarm MBBS,DO
Dr R.Sathyanarayanan MBBS, DO
Dr J. Hariharasangar MSDO
Medical college hospital Nagapattinam

Vote of Thanks **Mrs D.Savithiri**
NSS Programme Officer

National Anthem

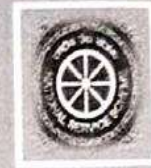
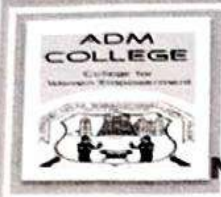
MINUTES

NSS unit I and II District Blindness control society, Nagapattinam jointly organised a world Glaucoma week on 9.3.2022. Special Guest. Dr.Kumaran MSDO , Dr. Harihara sangar MSDO, Dr. Sathyanarayanan MBBS, DO, Medical College Hospital, Nagapattinam. Dr. Kumaran MSDO gave awareness of Glaucoma diseases, causes, how to identify the disease. He also explained the treatment methods. 150 NSS volunteers enthusiastically participated in this programme. Dr. Kumaran MS DO distributed the prizes to the winners of the Quiz competition.



NATIONAL SERVICE SCHEME (NSS)
Rights and Responsibilities of Girl Child

A.D.M. COLLEGE FOR WOMEN (Autonomous)
Nagapattinam
Affiliated to Bharathidasan University, Tiruchirapalli
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NATIONAL SERVICE SCHEME
Units I & II Celebrates
NATIONAL GIRL CHILD DAY

TOPIC : RIGHTS AND RESPONSIBILITIES OF GIRL CHILD

Resource person
P.ARIVOLI
Member of Child Welfare Committee
Department of Social Defence
Nagapattinam.

Date : 24.01.2022

TIME: 02.00 p.m to 3.00 p.m

All are Cordially Invited

NSS Programme Officers

Mrs. P.Kavitha (Unit I) *P. Jeyaraj*
24/1/22

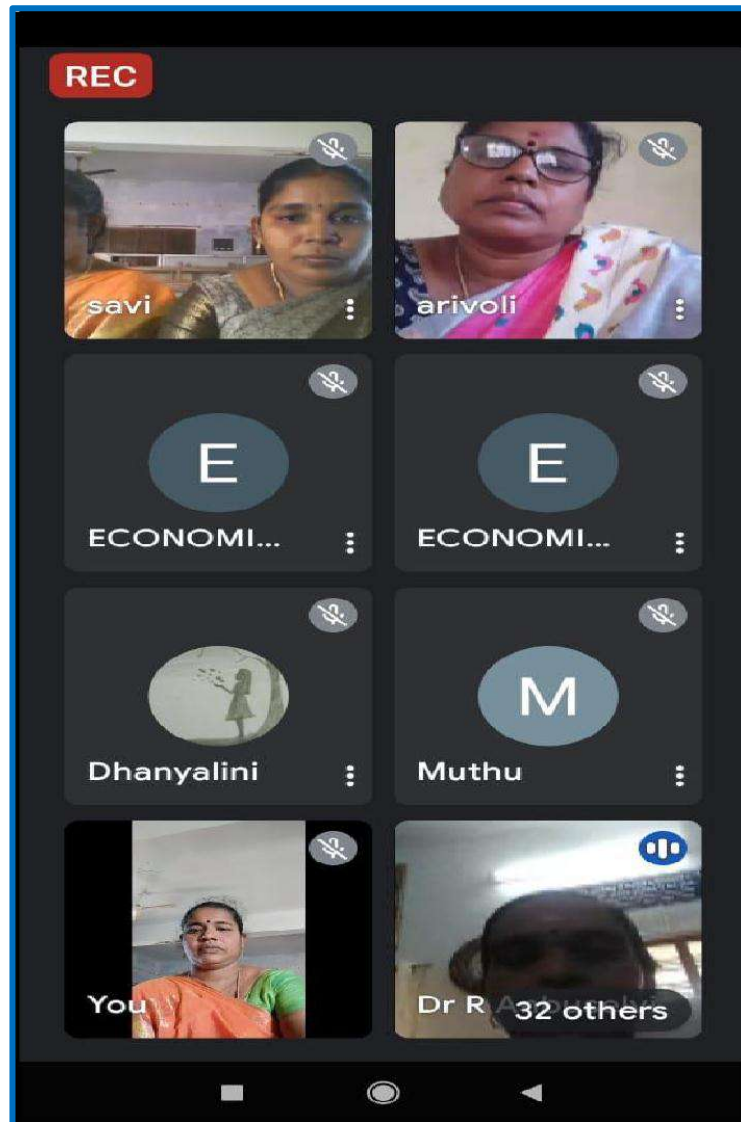
Mrs.D.Savithiri (Unit II) *D. S. Savithiri*
24/1/22

R. Anbuselvi
PRINCIPAL *24.1.22*

Dr.R.Anbuselvi

MINUTES

A.D.M. College for Women (A) NSS Unit I & II arranged the programme, on Rights and Responsibilities of Girl Child-throughonline mode. Nearly 100 NSS volunteers attended the programme. Mrs.P.Arivoli Member of Child Welfare Committee, Department of social Defence, Nagapattinam gave an awareness speech regarding girl child Nutritional food, hygiene, Health care. In her speech, she motivated the NSS volunteers.



**NATIONAL SERVICE SCHEME (NSS)
POLIO VACCINATION CAMP**

A.D.M. COLLEGE FOR WOMEN (Autonomous)

Nagapattinam

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(Nationally Accredited with "A" Grade by NAAC- 3 Cycle)

National Service Scheme

POLIO VACCINATION CAMP

Venue: Polio vaccination camp at Nambiyar Nagar Village and TataNagar

Chief Guest

Dr.R.Anbuselvi,

Pririncipal (i/c)

A.D.M College for Women (Autonomous),

Nagapattinam.

Date: 21.02.2022

TIME: 010.00 a.m to 4.00 p.m

NSS Programme Officers

Mrs. P.Kavitha (Unit I)

Mrs.D.Savithiri (Unit II)

PRINCIPAL

Dr.R.Anbuselvi.

MINUTES

Government headquarters hospital, Nagapattinam arranged the polio vaccination camp at Nambiyar Nagar Village and Tata Nagar. Our 10 NSS volunteers rendered their service for polio vaccination camp.



**NATIONAL SERVICE SCHEME (NSS)
EYE PRESSURE AWARENESS QUIZ COMPETITION**

A.D.M. COLLEGE FOR WOMEN (Autonomous)

Nagapattinam

Affiliated to Bharathidasan University, Tiruchirapalli

(Nationally Accredited with "A" Grade by NAAC- 3 Cycle)

National Service Scheme

EYE PRESSURE AWARENESS QUIZ COMPETITION

Venue: ADM College for Women (Autonomous), Nagapattinam

Chief Guest

Thiru B.Murugesan, ophthalmic Assistant,

Government Hospital,

Nagapattinam.

Date: 08.03.2023

TIME: 10.00 a.m to 4.00 p.m

NSS Programme Officers

PRINCIPAL

Mrs. P.Kavitha (Unit I)

Dr.R.Anbuselvi.

Mrs.D.Savithiri (Unit II)

MINUTES

A.D.M. College for Women (A) NSS Unit I & II organised EYE pressure awareness quiz competition. It was conducted by Thiru B.Murukesan ophthalmic Assistant, Government Hospital, Nagapattinam. 150 NSS Volunteers participated in the Quiz competition 3 NSS volunteers won the prizes.



**NATIONAL SERVICE SCHEME (NSS)
ARTS & CRAFTS HAND MAKING EXHIBITION**

A.D.M. COLLEGE FOR WOMEN (Autonomous)

Nagapattinam

Affiliated to Bharathidasan University, Tiruchirapalli
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National Service Scheme

ARTS & CRAFTS HAND MAKING EXHIBITION

NDHS & Government Girls Higher Secondary School, Sikkal.

Chief Guest

Dr.R.Anbuselvi,

Pririncipal (i/c)

A.D.M College for Women (Autonomous),

Nagapattinam.

Date: 10.03.2022

TIME: 10.00ap.m to 4.00 p.m

NSS Programme Officers

PRINCIPAL

Mrs. P.Kavitha (Unit I)

Dr.R.Anbuselvi.

Mrs.D.Savithiri (Unit II)

MINUTES

A.D.M. College for Women (A), NSS Unit I & II arranged Arts and crafts Hand making product Exhibition for School Students. NDHS and Government Girls Higher Secondary School Sikkal. School students participated the Exhibition, and beautifully displayed their products. Mrs. R.Alamelu HOD /Associate Professor of History, Dr.S.Rajeswari HOD /Associate Professor of Economics and Dr.N.Lavanya Assistant Professor of Physics acted as judges. 3 students won the prizes.



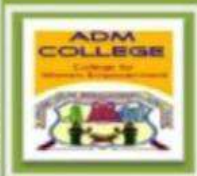
NATIONAL SERVICE SCHEME (NSS)

Martyr's Day

A.D.M. COLLEGE FOR WOMEN (Autonomous)

Nagapattinam

Affiliated to Bharathidasan University, Tiruchirapalli
(Nationally Accredited with "A" Grade by NAAC- 3 Cycle)



National Service Scheme

TOPIC : JOURNEY OF WOMEN MARTYRS

Resource person

Mrs.R. ALAMELU

Head/Associate Professor in History,
A.D.M College for Women (Autonomous),

Nagapattinam
All are Cordially Invited

Date : 23.03.2022

IME: 02.00 p.m to 4.00 p.m

NSS Programme Officers

Mrs. P.Kavitha (Unit I)

Mrs.D.Savithiri (Unit II)

PRINCIPAL

Dr.R.Anbuselvi.

MINUTES

A.D.M. College for Women (A), NSS Unit I & II conducted a programme on 23.03.2022 to Martyr's day. Madam Principal Dr.R.Anbarasi welcomed the gathering. Nearly 150 NSS volunteers attended the programme. Mrs. R.Alamelu HOD/Associate professor of History, A.D.M. College for Women (A) gave a wonderful speech about the Journey of Women Martyrs, Women freedom fighters especially in Tamil Nadu. She also motivated the volunteers to be a good citizen for our society and nation.





Health Educator Mr.T.Sadhasivam presentation to the NSS volunteers



Feedback by the NSS Volunteer Miss K.Harini

NATIONAL SERVICE SCHEME (NSS)

National Flag at Every Home

A.D.M. COLLEGE FOR WOMEN (Autonomous)

Nagapattinam

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National Service Scheme

National Flag at Every Home

Venue: Orathur Village, Nagapattinam

Chief Guest

Dr.R.Anbuselvi,

Pririncipal (i/c)

A.D.M College for Women (Autonomous),

Nagapattinam.

Date: 12.08.2022

TIME: 10.00 a.m to 4.00 p.m

NSS Programme Officers

PRINCIPAL

Mrs. P.Kavitha (Unit I)

Dr.R.Anbuselvi.

Mrs.D.Savithiri (Unit II)

MINUTES

On 12.8.2022, the NSS programme officer Dr S.Rajeshwari took 94 NSS volunteers to the adopted village named Orathur along with our college Principal Dr R.Anbuselvi to create awareness among the village people regarding flag hoisting at every home. The NSS team reached the village at 10:30 a.m. First of all, our principal gave our national flag to the M.L.A of the village in Chidambaranur Middle School and gave a talk about patriotism. The NSS Volunteers splitted into groups and instructed to give the flags to every village people. The programme officer explained about the importance of hoisting flag at every individuals house to show their patriotism. The people in the village enthusiastically received national flags and hoisted it in their houses. The volunteers felt very proud in doing this activity.



Dr.S.Rajeswari, NSS Programme Officer (Unit II) along with the NSS Volunteers at Orathur Village

**NATIONAL SERVICE SCHEME (NSS)
OBSERVANCE OF SADBHAVANA DIWAS**



**A.D.M COLLEGE FOR WOMEN (AUTONOMOUS)
NAGAPATTINAM**

NATIONAL SERVICE SCHEME (NSS)

ACTIVITY : Observance of Sadbhavana Diwas

DATE : 18.08.2022

**PLACE: A.D.M College for Women (Autonomous),
Nagapattinam**

**CHEIF GUEST: Dr. R. Anbuselvi,
The Principal,
A.D.M College for Women (Autonomous),
Nagapattinam.**

ALL ARE CORDIALLY INVITED!!!

**Dr.S.Rajeswari, Assistant Professor of Tamil
NSS PROGRAMME OFFICER (UNIT II)**

**Dr. R.Anbuselvi
PRINCIPAL**

MINUTES

The **Sadbhavana** (means having good feelings for others) Diwas or Harmony Day is celebrated to commemorate the birth anniversary of the earlier Prime Minister of India named Rajiv Gandhi. Having good feelings for others was the only the mission of the government of Rajiv Gandhi. It is celebrated every year on 20th August. The theme of Sadbhavana is to Promote and encourage the national integration, peace, national integrity, love, affection and communal harmony among the Indian people of all the religions. In connection with the aforesaid programme, the NSS Programme officers of Unit I & Unit II made necessary arrangements to administer the Sadbhavana Diwas Pledge to all the NSS Volunteers, teaching and non-teaching staff members of the college, and students. First of all, Dr.R. Anbuselvi, Principal of our college had taken the pledge along with all the teaching and non-teaching staff members and then the NSS Programme officer Dr.S.Rajeswari of Unit II administered the pledge along with the NSS volunteers. Totally 194 members were participated in the event. Participants of all age groups participated in the event with great enthusiasm. The Pledge is given as follows:

SADBHAVANA DAY PLEDGE

“I take this solemn pledge that I will work for the emotional oneness and harmony of all the people of India regardless of caste, region, religion or language. I further pledge that I shall resolve all differences among us through dialogue and constitutional means without resorting to violence.”



Pledge taken by Dr.R.Anbuselvi, Principal of our college and NSS Programme officer Dr.S. Rajeswari along with Teaching and NonTeaching Staff members of our college



NSS Programme officer Dr. S. Rajeswari administered the pledge to the NSS volunteers

NATIONAL SERVICE SCHEME (NSS)

Rally on Drug Abuse Awareness Programme



A.D.M COLLEGE FOR WOMEN (AUTONOMOUS) NAGAPATTINAM

NATIONAL SERVICE SCHEME (NSS)

- ACTIVITY** : Rally on Drug Abuse Awareness Programme
- DATE** : 18.08.2022
- PLACE** : From the College Campus to New Bus Stand,
Nagapattinam
- CHIEF GUEST** : **Mr.K.Mani,**
Head and Home Guard,
Regional Co-ordinator
Nagapattinam.

ALL ARE CORDIALLY INVITED!!!

Dr.S.Rajeswari, Assistant Professor of Tamil **Dr. R. Anbuselvi**

NSS PROGRAMME OFFICER (UNIT II)

PRINCIPAL

MINUTES

The NSS volunteers of A.D.M College for Women (Autonomous), Nagapattinam participated in the “Rally on Drug Abuse Awareness Programme” on 18.08.2022. This awareness rally was co-ordinated by the NSS Programme officer of Unit II, A.D.M College for Women (Autonomous), Nagapattinam. Mr.K.Mani, Head and Home Guard, Regional Co-ordinator inaugurated this rally. The rally started at College Campus around 11 am and ended at Nagapattinam New Bus Stand around 1 pm. In this rally, the students raised the slogans to create awareness among the public not to touch drugs in their life and also to take the pledge against drug usage. The NSS volunteers eagerly participated in the rally. The NSS programme officers explained the volunteers and public about the harmful effects and the risks associated with using alcohol and other drugs. They stressed the importance of awareness campaigns about drug abuse among students and insisted the students convey this information to their parents, relatives and nearby places. Effective drug education is important because young people are faced with many influences to use both licit and illicit drugs. Education can play a counter balancing role in shaping a normative culture of safety, moderation, and informed decision making. The students shouted that “Avoid Drugs and Save Human Life” during the rally.





NSS Volunteers at Drug Abuse Awareness Rally



NATIONAL SERVICE SCHEME (NSS)
Weed Eradication and Temple Cleaning Services



A.D.M COLLEGE FOR WOMEN (AUTONOMOUS)
NAGAPATTINAM

NATIONAL SERVICE SCHEME (NSS)

ACTIVITY : Weed Eradication and Temple Cleaning Services

DATE : 26.08.2022

PLACE : Shri Kayahorana Swami Neelayathatchi Amman
Temple, Nagapattinam

1. Mrs. M. PRABAVATHY,
Assistant Professor of Mathematics

2. Dr. S. RAJESWARI, Assistant Professor of Tamil

NSS PROGRAMME OFFICERS (UNIT I & UNIT II)

Dr.R.ANBUSELVI
PRINCIPAL

MINUTES

On account of the Ganesh Chaturthi, the NSS Units (Unit I & Unit II) of our college conducted a Temple cleaning services on 26 August 2022 under the guidance of NSS Programme officers at Shri Kayahorana Swami Neelayathatchi Amman Temple, Nagapattinam. All the NSS Volunteers were engaged in this cleaning Programme. The NSS Programme officers divided the NSS Volunteers into several groups. Each group members were allocated with a particular area for cleaning. It was a celebration time of Lord Ganesha and 1008 Kuthuvilakku Pooja festival was planned to conduct in the evening on that day at the temple. Therefore the volunteers are asked to prepare 1100 pooja gifts such as packing of Kumkum, coconut, agarbatis, turmeric thread, betel leaf etc. which is planned to issue to the devotees during the vilakku pooja event. Also, the volunteers washed the villaku and vessels at the temples. Some volunteers put 1008 rangolis in the temple premises as per the request by the team. After completing the works, the pooja team served delicious lunch to all the volunteers and the food was enjoyed by the volunteers. After the lunch, the volunteers packed thousand boxes of Kesari to provide it to the devotees. The volunteers and Programme officers felt very blessed in doing this activity.



The NSS Programme officers of Unit I & Unit II along with the Volunteers



ROTARACT CLUB ACTIVITIES

Election of Office Bearers

A.D.M. COLLEGE FOR WOMEN (AUTONOMOUS),
NAGAPATTINAM

ROTARACT CLUB



PROGRAMME: Election of Office Bearers

DATE : 04.12.2021

TIME : 3.00 P.M.

VENUE : AV Room

M. R. S.

Coordinator

Principal

MINUTES

Rotaract Club of A.D.M College for Women, Nagapattinam conducted a meeting on 04.12.2021. Co-ordinator Mrs.M.Prabavathy spoke about the aim of the Rotaract club and its service to the society .Office bearers for the academic year 2021-2022 was elected. MS.P.Udhaya proposed the vote of thanks.

OFFICE BEARERS FOR THE ACADEMIC YEAR 2021-2022

1. PRESIDENT: S.Narmatha, II B.Sc Mathematics
2. SECRETARY: P.Sivaranjani, II B.Sc Computer Science
3. VICE-PRESIDENT: P.Atchaya, II BBA
4. JOINT SECRETARY: G. Esther Geonie, II B.Sc. Geology
5. TREASURER: R. Pramila Devi, II B.Sc Mathematics

BOARD OF DIRECTORS

1. CLUB OF SERVICE: B. Faihana Sumaiya, I B.Sc Computer Science
2. COMMUNITY SERVICE: N. Swarna Lakshmi, I B.Sc Mathematics
3. VOCATIONAL SERVICE: S. Fathima Irfana. II B.Sc Computer Science
4. INTERNATIONAL SERVICE: G. Gayathri, II B.Sc Mathematics
5. SEARGENT AT ARMS: S.Suvetha Mano, II B.Sc Mathematics
6. PUBLIC RELATION OFFICER: S. Subashini, II B.Sc Mathematics



FEEDBACK:

4.12.2021

Rotract club

മാർഗ്ഗം!

4.12.2021 ദിനം ROTRACT CLUB -
 ന്യൂനതകൾ ഉണ്ടാകാതെ എല്ലാ
 President ന്റെയും മേമ്പർമാരുടെയും സഹായം
 നൽകി കമ്മിറ്റി പ്രവർത്തിച്ചു. (മാർഗ്ഗം)
 ഈ ദിനം മുൻപ് പ്രവർത്തിച്ചു കഴിഞ്ഞ
 കമ്മിറ്റിയുടെ പ്രവർത്തനങ്ങൾ കഴിഞ്ഞു
 കഴിഞ്ഞു. നല്ല രീതിയിൽ പ്രവർത്തിച്ചു
 കൊണ്ടിരിക്കുന്നു.

മാർഗ്ഗം

മുഖ്യമന്ത്രി
 മന്ത്രിമാർ
 S. NARAYANA.

ROTARACT CLUB ACTIVITIES

INSTALLATION FUNCTION



RI DIST 2981 | Zone 10 | Club 15872

The President and Members of

ROTARACT CLUB OF ADM COLLEGE FOR WOMEN (Autonomous)

Sponsored by

ROTARY CLUB OF NAGAPATTINAM

Cordially Invites you to The Pleasant Morning

INSTALLATION OF OFFICE BEARERS FOR THE ROTARY YEAR 2021-22

On 08th March 2022, 09.30 am
@ ADM COLLEGE FOR WOMEN,
(Autonomous)

Chief Guest

Rtn **AKS.S.BAALAJI**

District Governor, 2021 - 22

Honourable Guest

Dr **R.ANBUSELVI** M.Sc., M.Phil., Ph.d.,
Principal i/c, Associate Professor & HOD of
Department of Mathematics,
ADM College for (Women) Autonomous

Guest of Honour

Rtn. PDG **N.GOVINDARAJ**

Rtn. **S.BASKARAN** DGND

Felicitation

Rtn. **R.VENKATESAN** Assistant Governor

Rtn. **MANIKANDAN.G** Rotaract District Chairman

Mrs. **M.PRABAVATHY**

Asst Professor of Mathematics PG & Research
Dept of Mathematics, ADMC, Nagai

Miss. **PUDHAYA**

Asst Professor of Mathematics PG & Research
Dept of Mathematics, ADMC, Nagai



Rtn. **MANIKANDAN.G**
Rotaract District Chairman



Rtn. **MANISUNDARAM.M**
Rotaract Zone Chairman



Rtn. **ARAVINDKUMAR.G**
Club Rotaract Chairman



Rtn. **RAJMOHAN.M**
Club Rotract Co-Chairman

CS Designs

ROTARACT TEAM - 2021-2022



Rtn **SALYA.R.SUNDARAVELU**
President 2021 - 22



Rtn. **G.MUTHUSELVAN**
Secretary 2021 - 22



Rtn. **ETHIRUGANASAMANDAM**
Treasurer 2021 - 22

ROTARACT TEAM - 2021-2022

Rtn. **S.NARMATHA**
Rotaract President

Rtn. **R.SIVARANJANI**
Rotaract Secretary

Rtn. **R.PRAMILADEVI**
Rotaract Treasurer

MINUTES

On Women's Day 08.03.2022, the installation of Office Bearers of the Rotaract Club of our College for the year 2021-2022 was held at A.V Room, 9.30 am. Our Nagapattinam District Rotary Club President of the year 2021-2022, Mr. Salya P.Sundaravelu welcomed the gathering. Dr.R.Anbuselvi, Principal gave presidential address. The new office bearers for the year 2021-2022 of Rotaract Club of A.D.M College for Women were installed by Rotarian AKS.S.Baalaji, District Governor of the year 2021-2022. He congratulated all the office bearers and explained about their roles and responsibilities. Also, Rotarian S.Baskaran, DGND, Rotarian G.Manikandan, Rotaract District Chairman and Rotarian Raj Mohan, Club Rotaract Co-chairman were spoke about club activities. Our College newly elected President of Rotaract Club, Ms. S.Narmatha ofII B.Sc Mathematics pledged that the Rotaract Club of A.D.M.C will create awareness among the people about blood donation, road safety measures and the importance of Tree Plantation. The club co-ordinator, Mrs, M.Prabavathy proposed the vote of thanks. The club Co-ordinators M.Prabavathy and P.Udhaya, Assistant Professor of Mathematics made all the necessary arrangements. The function came to an end with the national anthem.



FEEDBACK

07.03.2022.

Rotasact Club - Installation function.

Feedback

Greetings

I am S. Nasmadha from II BSc Maths,
First I thank the coordinators for electing me as
as a president of Rotasact 2022. Today, I am
very happy in taking the charge of president in
the presence of officers members of Rotasact club at
Nagapattinam. I am very delighted to take
part in such a wonderful and useful program..
I came to know my duty as a president and
we assure we will fulfil the expectations.

Thanking you,

Yours faithfully
S. Nasmadha.

ROTARACT CLUB ACTIVITIES

ROTARY YOUTH LEADERSHIP SEMINAR



Rotary Club of Nagapattinam

Cordially Invite you for the Inaugural Function of RYLA
On Tuesday 8th March 2022, 10.30 am
@ ADM College For Women, (Autonomous)



In the Presence of
Rtn. R. VENKATESAN
Assistant Governor, Zone -10
Chief Guest



Rtn. AKS.S. BAALAJI
District Governor, 2021 - 22

Guest of Honour
Rtn. PDG. N. GOVINDARAJ
Rtn. S. BASKARAN DGND



Felicitation
Rtn. PP. C. SOMASUNDARAM
Chairman District RYLA

PILOT FACULTY
JC.HGF.Speed **J.கார்த்திக்**
JCI DESIGNER,



Rtn. **SALYA.P.SUNDARAVELU**
President



Rtn. **G.MUTHUSELVAN**
Secretary



Rtn. **B.THIRUGNANASAMBANDAM**
Treasurer



Rtn. **PP.N. THIYAGARAJAN**
RYLA AD/ISCR



Rtn. **P.KARTHIKEYAN**
RYLA CHAIRMAN



Rtn. **S.DEVANANTH**
RYLA CO - CHAIRMAN

MINUTES

On 08.03.2022, The Rotary Club of Nagapattinam organized a one day Rotary Youth Leadership Award (RYLA) camp at A.D.M College for Women, Nagapattinam after the completion of installation of the office bearers for the year 2021-2022. Our Nagapattinam District Rotary Club President of the year 2021-2022, Mr. Salya P.Sundaravelu welcomed the gathering. Dr. R. Anbuselvi, Principal gave presidential address.

The Rotarian AKS.S. Baalaji, District Governor of the year 2021-2022 felicitated the programme. Rotarian PDG.N. Govindaraj, Rotarian S. Baskaran, DGND were the guest of honour. Rotarian S. Devanath, RYLA Co-chairman explained about the importance and the benefits of RYLA Camp. The Pilot Faculty, J.C. HGF Speed J. Karthik, JCI Designer was the trainer of the camp. Rotarian P. Karthikeyan, RYLA Chairman and Rotarian PP. C. Somasundaram Chairman, district RYLA were participated in the camp. The trainer J. Karthik provoked the students to study well and to be respectful to the parents and the social responsibilities. He also insisted the students about the importance of reading a lot of books and time management. All the participants were given participation certificates. Nearly 80 Club students benefitted. Best performers were appreciated by gifts and silver coins. The camp came to an end with the national anthem.





FEEDBACK

ROTARACT CLUB.

அணுகல் :-

08.03.22 அன்று எங்கள் very useble - ஸ்
இதற்க்கி. அதற்கு சிறிய உதவிகளாக Dr. கார்த்திகேயன்
உதவியை பெற்றிருக்கிறார். அவர் பல நிதியாளிகள் தொலை
பார்க்கும் தொலைக்கிறார். அங்கு எங்கள் பல நிதியாளிகள்
useble - ஸ் இதற்க்கி. அங்கு நான் மூலம் பார்க்கும்
தொண்டார். அங்கு நான் சிலரை நல்ல நிதியாளிகள்
தொண்டும் தொண்டும். அங்கு எங்கள் மூலம் தொண்டும்
இதற்க்கி. அங்கு class very useble - ஸ் இதற்க்கி
எங்கள் மூலம் அல்ல. எல்லாம் very useble - ஸ்
இதற்க்கி. Thank you.

அன்புடன்,

S. Anusha.

I. BA. ECONOMICS.

ROTARACT CLUB
DENTAL CAMP



Rotary Club of Nagapattinam
Rotract Club of ADMC Nagapattinam
&
VIJAYAS MULTI SPECIALITY DENTAL CENTRE
Jointly Conduct

DENTAL CAMP

*We cordially Invite you
for the Dental Camp*

On Tuesday 12th & 13th April 2022, at 9.00 am,
Place: ADM COLLEGE, Nagapattinam



Mr. S. BALAJI
District Governor 2021 - 22



Mr. R. VENKATESAN
President & Secretary 2021 - 22

Chief Guest

PROF. DR. **J SENTHILKUMAR** M.D.S, PHD
CONSULTANT ORTHO DONTIST AND
DENTOFACIAL ORTHOPAEDIST

Doctor Team

DR. **A. BAKKYALAKSHMI**, M.D.S
ENDODONTIST
& ROOT CANAL SPECIALIST
9442960004, 9943226666

Dr. **JUHI**, Dr. **PRAMESWARI**, Dr. **SUBIKSHA**

Yours in Rotary



Mr. S. SALYA R. SUNDARAYELU
President 2021 - 22



Mr. G. NUTHUSELYAN
Secretary 2021 - 22



Mr. B. THIRUGHANISAMANDAN
Treasurer 2021 - 22

Rotract Club of ADMC Nagapattinam
President, Secretary, Treasurer



MINUTES

On 12.04.2022, the Rotaract Club of A.D.M College for Women, The Rotary Club of Nagapattinam and Vijayas Multi speciality Dental Centre jointly conduct two days Dental Camp on 12.04.2022 and 13.04.2022 at A.V Room, Hall No. 9 & 10 in our college campus. Our Nagapattinam District Rotary Club President of the year 2021-2022, Mr. Salya P.Sundaravelu welcomed the gathering. Dr. R. Anbuselvi, Principal gave presidential address.

Rotarian Professor Dr. J. Senthil Kumar, MDS, PHD Consultant Ortho Dontist and Dentofacial Orthopaedist was the ChiefGuest. Rotarian V. Govindarajalu felicitated the camp and explained the importance of Dental Camp. The Chief Guest detailed about the maintenance of healthy teeth, the practice of keeping the mouth and teeth clean in order to prevent dental disorders. The doctor team Dr. A. Bakkiyalakshmi, MDS, Endodontist and Root Canal Specialist, Dr. Juhi, Dr. Parameswari and Dr. Subhiksha were conducted the camp. Mrs. M. Prabavathy, Assistant Professor of Mathematics proposed the vote of thanks. Selvi. Ayesha Fathima of II B.Sc Mathematics did the Master of Ceremony. Rotarian VPN. P. Karthikeyan and Rotarian Muthaiah participated in the inaugural function of the camp. Nearly 1500 students and more than 60 Teaching and Non-Teaching were benefitted in this camp. The co-ordinators Mrs. M. Prabavathy and Ms. P. Udhaya Assistant Professor of Mathematics made all the necessary arrangements.



FEEDBACK

4.2022

ROTRACT CLUB

8/4 - 2022

DENTAL CLUB

* The dental camp conducted in our college was very useful.

* We check our teeth to the doctors and they diagnose very clearly.

* They give colgate brush and paste in free that motivate us to brush our teeth daily in

2 times.

- A. Sivetha

II B.Sc Maths.

08.04.2022

ROTARACT CLUB.

வணக்கம்!

எனது கல்யாணியின் Rotaract Club ஓம் டாக்டர்.
மென்சீன்கிமார். அவர்கள் Rotaract Club பங்காற்றி பன்வெறு
தமர்ன பற்கமன ஜ சத்தமாக மவத்திடுக்கிம் அறையின்
பன்வெறு கடுத்துகமையம். பழமபாடி உதரமர்க கறு பற்கமரில்
அறையகமன மொன்டி பற்கமரின் சத்தமாக மவத்திடுக்க
வன்டும் என்று கறுமார். இதுவும் பிகவும் பயன் உன்மதர்
டுக்தது. இதுபபான்ற பற்கமர்க்கி பபான்ற மபாடுகமமக
பாண்டு உதரிமார். டாக்டர் வர்க்கு சிகரம் உ நாட்கள்
மபமபற்றது.

S Akalya .

II - BSC - Maths

ROTARACT CLUB
A Training Programme on Time Management

A.D.M COLLEGE FOR WOMEN (AUTONOMOUS),
(NATIONALLY RE-ACCREDITED WITH 'A' GRADE BY NAAC - 5th CYCLE)

NAGAPATTINAM



ROTARACT CLUB ORGANIZES TRAINING PROGRAMME ON

"TIME MANAGEMENT"

RESOURCE PERSON:

Mrs P. HAMEETHA BEGUM, M.Sc, M.Phil, SET,
Assistant Professor of Mathematics,
A.D.M College for Women(Autonomous),
Nagapattinam

Date: 30.04.2022

Time: 2.00 P.M

Venue Hall: AV Room

M. R. S.
[Signature]

Co-ordinators

[Signature]

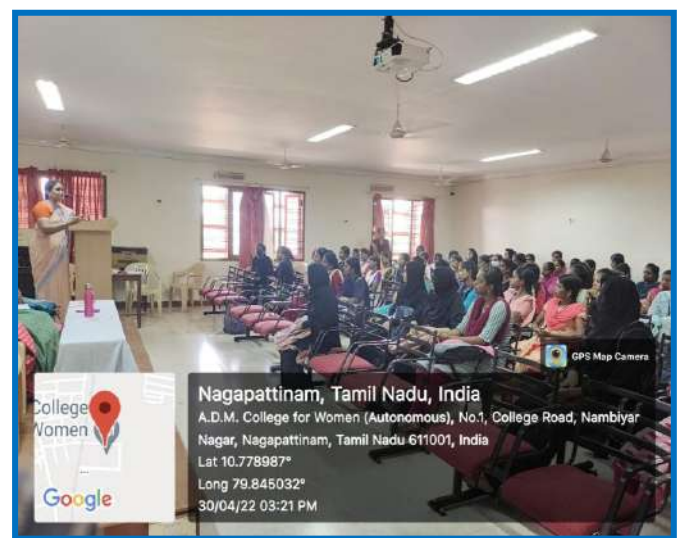
Principal (i/c)

MINUTES

Rotaract Club conducted a Training Programme on “Time Management” on 30.04.2022 at 2 p.m in the A.V Room. Mrs.M.Prabavathy, Assistant Professor of Mathematics, Co-ordinator of Rotaract Club proposed welcome address. Dr.R.Anbuselvi Principal(i/c) of the college delivered Presidential address. Mrs.P.Hameetha Begum, Assistant Professor of Mathematics, A.D.M College for Women, was the Resource Person.

The resource person in her address explained the importance of time and gave useful tips to manage the time in a right way. He highlighted the quotes on Time to the students. Rotaract Club students attended the programme. They interacted with the speaker and cleared their doubts in the question session. Students gave very good feedback about the programme. Totally 90 students got benefited in this programme. Ms.P.Udhaya, Assistant Professor of Mathematics and Rotaract Club Co-ordinator proposed the vote of thanks. Selvi. S. Narmatha, President, Rotaract Club of ADMC and II B.Sc Mathematics did Master of Ceremony. The programme came to end with National Anthem at 04.30 p.m.

TRAINING PROGRAMME ON TIME MANAGEMENT ON 30.04.2022



FEEDBACK

30-4-2022

ROTARACT CLUB

Good morning mam,

30.4.2022 രണ്ടാം പി.എ.പി.

മാതാവിന് ഭക്തിപൂർവ്വം ROTARACT CLUB-യിൽ

Time management പരിപാടിക്ക് മുൻപായി

മാതാവിനെ പ്രശംസിക്കുന്നു. അതിൽ നിന്നും പ്രചോദനം

പ്രദിച്ചിരിക്കുന്നു. പലർക്കും പ്രചോദനം

പ്രദിച്ചിരിക്കുന്നു. അതിൽ നിന്നും

പ്രചോദനം പ്രദിച്ചിരിക്കുന്നു. അതിൽ നിന്നും

പ്രചോദനം പ്രദിച്ചിരിക്കുന്നു. അതിൽ നിന്നും

പ്രചോദനം പ്രദിച്ചിരിക്കുന്നു. അതിൽ നിന്നും

പ്രചോദനം പ്രദിച്ചിരിക്കുന്നു. അതിൽ നിന്നും

പ്രചോദനം പ്രദിച്ചിരിക്കുന്നു. അതിൽ നിന്നും

പ്രചോദനം പ്രദിച്ചിരിക്കുന്നു. അതിൽ നിന്നും

പ്രചോദനം പ്രദിച്ചിരിക്കുന്നു.

മാതാവിന്

മാതാവിന്

മാതാവിന്

മാതാവിന്.

EXNORA
Tree Plantation

A.D.M.COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to Bharathidasan University)
(Re.Accredited with "A" Grade by NAAC-3rd Cycle)

NAGAPATTINAM-611001



ExNoRa and Environmental Education Club

Organizes One Day - 09.09.2021

Tree Plantation

Date : 09.09.2021
Time : 10.00 Am
Venue : A.D.M.College Campus, Nagapattinam

Chief Guest : Dr.R. Anbuselvi
Principal i/c
A.D.M.College for women (A),
Nagapattinam

All are Cordially invited

Dr. KG Selvi
Coordinator

Dr.J.Sundari
Coordinator

Dr.R. Anbuselvi
Principal (i/c)

MINUTES

Tree plantation awareness programme was arranged at the A.D.M.College campus premises. Dr.J.Sundri Exnora coordinator welcomed the gathering. The chief guest Dr.R.Anbuselvi, Principal i/c A.D.M.College delivered a Speech on the Topic of “Tree Plantation”. She has insisted the students about this awareness programme and said that “Trees give peace to the souls of men.” “If you would know strength and patience, welcome the company of trees.”. Ist year Exnora students supplied a bit notice to college students with the following slogans were written

If you cut a tree, you kill a life. ...

“Plant a tree, so that the next generation can get air for free.” ...

“Don't make trees rare, keep them with care.” ...

“Take care of the trees, they will take care of you.”

The Exnora students and the chief guest planted 45 trees in college campus. Dr.K.G.Selvi, Exnora coordinator delivered a vote of thanks



FEEDBACK

A.D.M. COLLEGE FOR WOMEN (AUTONOMOUS)
NAGAPATTINAM - 611001
STUDENTS' EXHORA
FEEDBACK FORM

Tree Plantation

09.09.2021

ADM College Campus, Nagapattinam.

Dr. R. Anbuselvi, Principal i/c,

ADM College for Women (A), Nagapattinam.

This Programme was conducted at 09.09.2021.

Tree plantation is most important in nowadays.

This Programme was very useful to us.

The Resource Person laid the importance of Tree plantation. Tree plantation

saves our earth. This thought was clearly explained by the Resource Person.

EXNORA
Temple Cleaning

A.D.M.COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to Bharathidasan University)
(Re.Accredited with "A" Grade by NAAC-3rd Cycle)

NAGAPATTINAM-611001



ExNoRa and Environmental Education Club

Temple Cleaning

Date : 12.10.2021

Time : 10.00 to 1.00 Pm

Venue : Sivan Kovil Andanapettai, Nagapattinam

Volunteers : Ist Year Exnora students

A.D.M.College for Women (A)

Nagapattinam

All are Cordially invited

Dr. KG Selvi

Coordinator

Dr.J.Sundari

Coordinator

Dr .R. Anbuselvi

Principal

MINUTES

An awareness programme was conducted by the Exnora coordinators Dr.J.Sundari and Dr.K.G.Selvi to clean the Sivan Kovil, Andhanapettai village, Nagappattinam.. Exnora coordinators given instructions to the Exnora student about how to carry out the cleaning work at Temple. Cleaning tools of gloves, scalp, bucket, mask, cotton, soap, cleaning brush etc were provided to the students. Students spent about three hours to clean in and around the Sivan Kovil. The people of the Andhanapettai village were appreciated the work carried out by exnora students and all are cooperated to exnora students. During the cleaning work students were removed unwanted grasses in temple praharam and cleaning the Navagraha God idol. Our students are also very happy to do the work of cleaning the temple. Finally the village leaders and peoples are blessing out student for their cleaning in the Sivan temple.



FEEDBACK

ADM. COLLEGE FOR WOMEN (AUTONOMOUS),

NAGAPATTINAM - 611 001.

STUDENT EXNORA

FEEDBACK FORM.

PROGRAMME: Temple Cleaning

DATE: 10.10.2021.

PLACE: Andanapettai Siran kovil, Nagapattinam

CHIEF GUEST: Dr J. Sundari & Dr K. G. Selva.

Exnora, Coordinators.

ADM College for women (A),
Nagapattinam.

This programme was conducted
the Exnora co-ordinators. They were very
helpful to clean the Temple. They were very
motivated in Temple is the best place.
Do not pollute. Clean the Temple
is very clean like a mirror. Temple
cleaning is the best way to serve
The God. This opportunity was given by
Exnora Campus.

EXNORA

“Premonition of covid-19: Issuing of Herbal medicine to the Nagapattinam Public”

A.D.M.COLLEGE FOR WOMEN (AUTONOMOUS)
(Re.Accredited with “A” Grade by NAAC-3rd Cycle)
NAGAPATTINAM



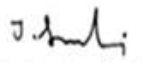
Students' ExNoRa
and
Department of Tamil
Jointly Organizes
One Day Awareness programme on 21.01.2022


“Premonition of covid-19: Issuing of Herbal medicine to the Nagapattinam Public”

Date : 21.01.2022
Time : 7:00 AM - 9:30 AM
Venue : Nagapattinam Railway station
Chief Guest : Dr.T.Vasugi
Head & Asso. Prof of Tamil,
ADMColege for Women, Nagapattinam.

All are cordially invited


Dr.K.G.Selvi
Coordinators


Dr.J.Sundari
Coordinators


Dr.R.Anbuselvi
Principal i/c

MINUTES

The students Exnora and Environmental Education Club and Department of Tamil Jointly organized One Day campaign for Premonition of covid-19 by issuing Herbal Medicines with the combination of Betel leaves, cardamom, spicy clove, Palm sugar candy to the public in the more crowded place of Nagapattinam Railway station.

The chief guest Dr. T. Vasugi, Asso. Prof of Tamil, and Exnora coordinators Dr.J.Sundari and Dr.K.G.Selvi, A.D.M.College both of them explained to the people about the background of the corona virus disease 2019 (COVID-19), is an acute respiratory disease, caused by a novel corona virus (SARS-CoV-2, previously known as 2019-nCoV), obtained worldwide attention. In that event, we explored the potential siddha strategies for COVID -19 infections. The Nagapattinam district public were benefited and they were appreciated the coordinators of Exnora Dr. J. Sundari and Dr. K. G.Selvi for arranging such a wonderful awareness campaigns.



FEEDBACK

A.D.M COLLEGE FOR WOMEN AUTONOMOUS
NAGAPATTINAM- 611001
STUDENT EXNORA
FEED BACK FORM

PROGRAMME :: Premonition of COVID-19

DATE :: 21.01.2022

Place :: Nagapattinam Railway Station

CHEF GUEST :: Dr. T. Vasugi Head & Asso. Profess of
Nagapattinam

Coronaviruse are a large family of viruses that cause illness ranging from the common cold to more servere diseases such as Middle East disease COVID-19 is a new strain that was discovered in 2019 and has been humans. meaning they are transmitted between animals and people.

EXNORA

Awareness Programme on “Omit the Omicron in Mass”

A.D.M.COLLEGE FOR WOMEN(AUTONOMOUS)

(Affiliated to Bharathidasan University)

(ReAccredited with “A” Grade by NAAC-3rd Cycle)

NAGAPATTINAM-611001

STUDENTS’ ExNoRa

and

Department of Physical Education

Jointly organizes

One Day

Awareness Programme on “Omit the Omicron in Mass”

Date : 22.01.2022

Time : 10:00 – 11:00 AM

**Venue : Public crowded place at
Thanjavur Railway
station**



Chief Guest

**Dr .V. Uma
Director of Physical Education
A.D.M.College for Women
(Autonomous)
Nagapattinam – 611 001**

All are cordially invited

MINUTES

The Exnora coordinators Dr.J.Sundari and Dr.K.G.Selvi arranged an awareness programme to the public crowded place of Thanjavur Railway station during the high risk pandemic period. The chief guest Dr.V.Uma, Physical Director of A.D.M.College stressed on following the appropriate Covid behaviour and warned that the risk of virus spread is still very high.Her talk was a part of a special awareness drive on the new Covid variant, 'Omicron' at the public crowded place of Thanjavur railway station

Dr. Uma said: "We have to wear masks, wash hands frequently, and avoid functions as well as crowded markets. Sending children to schools is highly risky. The only way to counter Omicron is keep your guard strong and take precautions".

Dr.V. Uma spoke on different aspects of prevention and control of the Omicron variant.Alongside the awareness talk, posters on creating awareness among the public, need to behave in a responsible manner, importance of vaccines, guidelines to be followed and not to lower the guard against virus were also presented



FEEDBACK

A.D.M. COLLEGE FOR WOMEN (AUTONOMOUS)
NAGAPATTINAM - 611 001.
STUDENT EXHIBIT
FEEDBACK FORM.

PROGRAMME: Awareness programme on omicron the omicron in
Tamil.

DATE: 02-01-2022

PLACE: public Crow place at Thanjavur Railway
Station.

CHIEF GUEST: Dr. V. Uma, physical Director,
A.D.M. college for women,
Nagapattinam.

Chief guest explained omicron
infection generally causes less severe disease
than infection with prior variants. Preliminary
data suggest that omicron may cause
more mild disease, although some people
may still have severe disease, need hospitaliza-
tion, and could die from the infection
with this variant.

EXNORA

Awareness Programme on Adopting Trees



**A.D.M.COLLEGE FOR WOMEN
(AUTONOMOUS)**
(Re.Accredited with "A" Grade by NAAC-3rd
Cycle)
NAGAPATTINAM-611001



Students' ExNoRa

"Awareness Programme on Adopting Trees"



A.D.M.COLLEGE FOR WOMEN (AUTONOMOUS)
Affiliated to Bharathidasan University
(Re-Accredited with "A" Grade by NAAC 3rd Cycle)
NAGAPATTINAM-611001



STUDENTS' EXNORA
Organizes an Awareness Programme on
"Adopting Trees"

On 24th February 2022
10:30 AM

Resource person: Marangal P. Soundarajan
Maiaicharal Marangal Valarppu Iyakkam
Sembianmahadevi
Nagapattinam

Venue: Indoor stadium, A.D.M.College for women, Nagapattinam

All are cordially invited

Dr. K.G.Selvi
Asst. Prof. of Zoology
Co-Ordinator-2

Dr. J. Sundari
HOD and Asst. Prof. of Botany
Co-Ordinator-1

Dr. R. Anbuselvi
Principal i/c

MINUTES

Students Exnora unit of our college organised an awareness programme on the topic “Adopting Tree” in 24th February 2022 to create awareness among the students for protecting trees and also for growing more trees.

Marangal B. Soundararajan, Mazhai charal Marangall Valarppu Eyakkam, Sembianmahadevi, Nagapattinam, was the Resource Person Dr. J. Sundari, Head of the department of Botany and the coordinator of the Exnora unit welcomed the gathering Dr. R. Anbuselvi, principal incharge presided over the meeting. In her presidential address she stressed the need for growing more trees. The chief guest in his address pointed out the important role in protecting the environment. They take the carbon dioxide from the atmosphere there by making the air pure. Our survival depends upon the trees. He also said that it is the duty and responsibility of everyone to plant trees.

S. Sabarna, Secretary of student’s Exnora A.D.M College for Women (A), Nagapattinam proposed the vote of thanks. This programme was ended with National Anthem.



FEEDBACK

A.D.M COLLEGE FOR WOMEN (AUTONOMOUS),
NAGAPATTINAM - 611 001
STUDENT EXMORA
FEEDBACK FORM

PROGRAMME : Awareness programme on Adopting trees.

DATE : 24.02.2022

PLACE : A.D.M College Campus Nagapattinam .

CHIEF GUEST : Marangal B. Sraundarajan .

plants are trees are our natural capital .They are fundamental to life on earth , offering food , medicine and shelter . They also sequester carbon , fight pollution and bind the soil.

By planting trees , you'd help reverse the loss of green ' cover and attract birds and buzzing pollinators . Trees also vastly improve air quality.

EXNORA

A.D.M College Campus Cleaning



**A.D.M.COLLEGE FOR
WOMEN (AUTONOMOUS)**
(Affiliated to Bharathidasan University)
(Re.Accredited with "A" Grade by NMAC-3rd Cycle)
NAGAPATTINAM-611001



Students' ExNoRa

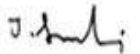
"A.D.M College Campus Cleaning"


Minutes - 30.04.2022

Date : 30.04.2022
Time : 02:00 to 04:00 Pm
Venue : A.D.M.College for women (A),
Nagapattinam

Volunteers : 1st Year Exnora students
A.D.M.College for Women (A)
Nagapattinam


Dr.K.G.Selvi
Coordinators


Dr.J.Sundari
Coordinators


Dr.R.Anbuselvi
Principal i/c

MINUTES

Cleaning and disinfecting are part of a broad approach to preventing infectious diseases in ADM college so the Exnora coordinators Dr.J.Sundari and Dr.K.G.Selvi conducted campus cleaning activity with 35 I UG Exnora voluntaries. This cleaning works ensuring that not only conducive to productivity, it also increases the likelihood of attracting more students to participate and keep the environment cleanliness.



RED RIBBON CLUB
Awareness Seminar on AIDS Free Society

A.D.M.COLLEGE FOR WOMEN (AUTONOMOUS)

(Affiliated to Bharathidasan University)

(Re. Accredited with "A" Grade by NAAC-3rd Cycle)

NAGAPATTINAM-611001

RED RIBBON CLUB

Awareness Seminar on AIDS Free Society



Date :08.09.2021.

Venue : Online

Dr. R. Veera
Coordinator

Dr. N. Punitha Lakshmi
Coordinator

Dr.R. Anbuselvi
Principal (i/c)

All are Cordially invited

MINUTES

RRC conducted an Awareness Seminar on AIDS Free Society at ADM College for Women through via Google meet (online) on 08.09.2021. RRC Co-ordinator Dr. N. Punitha lekshmi welcomed the gathering. Dr. R. Anbuselvi presided over it. District AIDS Control Superintendent Mr. K. Sakthivel, AIDS Awareness Consultant Mr.S. Senthil, Both, talked about AIDS awareness patients' medical practices. They also answered students' questions about the corona. Ms. Anitha. II B.Sc Mathematics student, sang a self-help song. RRC Student Ms.Narmadha from the same class gave feedback. Dr.R.Veera, RRC Co-ordinator, thanked the audience. The program was hosted by Ms. Ayesha, II year Mathematics student of RRC. The program was ended successfully.

RED RIBBON CLUB (RRC)
AIDS Free Society



A D M COLLEGE FOR WOMEN (Autonomous)
NAGAPATTINAM



இணைய வழி கருத்தரங்கம்

Programme : எயிட்ஸ் இல்லா சமுதாயம்
Date and time : 08. 09. 2021 Wednesday 2.00 pm
Plat form : Google meet <https://meet.google.com/jit-bgbd-nby>

Resource Persons

Mr. K. SAKTHIVEL
District Supervisor (TANSCAS)
Nagapattinam.

Mr. N. SENTHIL KUMAR
Counselor (ICTC)
Govt. Hospital
Nagapattinam.

Dr. R. ANBU SELVI
Principal and Patron

You are cordially invited . . .

Dr. R. Veera
Assistant Professor of Tamil
Co-Ordinator - 2

Dr. N. Punithalekshmi
Assistant Professor of Tamil
Co-ordinator -1

MINUTES

RRC conducted an Awareness Seminar on AIDS Free Society at ADM College for Women through via Google meet (online) on 08.09.2021. RRC Co-ordinator Dr.N.Punitha lekshmi welcomed the gathering. Dr.R. Anbuselvi presided over it. District AIDS Control Superintendent Mr. K. Sakthivel, AIDS Awareness Consultant Mr.S. Senthil, Both, talked about AIDS awareness patients' medical practices. They also answered students' questions about the corona. Ms. Anitha, II B.Sc Mathematics student, sang a self-help song. RRC Student Ms.Narmadha from the same class gave feedback. Dr.R.Veera, RRC Co-ordinator, thanked the audience. The program was hosted by Ms. Ayesha, II year Mathematics student of RRC. The program was ended successfully.



**RED RIBBON CLUB
REFRESHER PROGRAMME**



அ.து.ம மகளிர் கல்லூரி (தன்னாட்சி),
நாகப்பட்டினம்

செஞ்சுருள் சங்கம் (RED RIBBON CLUB)



உலக எய்ட்ஸ் தினத்தை முன்னிட்டு செஞ்சுருள்
சங்க புத்தாக்க பயிற்சி

(Seminar on Aids Awareness and RRC
Orientation Programme)

நாள்: 18.12.2021

இடம்: கல்லூரி வளாகம்

N. Pun

முனைவர்.ந.புனிதலெட்சுமி
முனைவர்.ஆர்.வீரா
ஒருங்கிணைப்பாளர்கள்

R. Om

முனைவர்.ஆர்.அன்புச்செல்வி
முதல்வர்

MINUTES

RRC conducted AIDS Awareness Seminar and RRC Refresher Programme on 18.12.2021, at ADM College for Women (Autonomous), Nagapattinam. Principal Dr. R.Anbuselvi was the patron. The co-ordinator of the RRC, Dr.N.Punitha Lekshmi welcomed the special guests. Principal of the college delivered their keynote address.

The former RRC Co-ordinator Dr.R.Vanitha, Associate Professor, Department of Mathematics, from A.D.M College for Women, was the resource person on the Orientation Programme. She distributed the prize for the participants. Dr.R.Veera, RRC Co-ordinator, thanked them. The programme ended with National Anthem.



RED RIBBON CLUB

**44th Chess Olympiad - re-initiated the Nagai Chess Olympiad torch from
Madurai district at Vedaranyam Upu Satyagraha Stupi**

A.D.M COLLEGE FOR WOMEN

(AUTONOMOUS)

NAGAPATTINAM

RED RIBBON CLUB

**Activity: 44th Chess Olympiad - re-initiated the Nagai Chess
Olympiad torch from Madurai district at Vedaranyam Upu Satyagraha
Stupi**

DATE : 26.7.2022

PLACE : District Collector Office, Nagapattinam

Dr. R. Veera

Dr. N. Punitha Lakshmi

Dr.R. Anbuselvi

Coordinator

Coordinator

Principal (i/c)

MINUTES

In view of the 44th Chess Olympiad being held in Mamallapuram, Nagapattinam Collector Dr. Arun Tamburaj received and re-initiated the Nagai Chess Olympiad torch from Madurai district at Vedaranyam Upu Satyagraha Stupi. In it, the students of A.D.M College for Women participated on 26.7.2022 and created awareness about Chess Olympiad.

Ms. Brinda, second year student of B.A History, gave the Chess Olympiad torch to the District Collector and other RRC students waved the flag in their hands and gave an enthusiastic welcome to the rally.



RED RIBBON CLUB

எய்ட்ஸ் விழிப்புணர்வுக்கு பெரிதும் காரணம் குடும்பமே சமூகமே

 <p>அ.கு.ம. மணிர் கல்லூரி(குளோட்.சி), நாடாட்டாளர் செஞ்சுருள் சங்கம் (RED RIBBON CLUB)</p> <p>எய்ட்ஸ் விழிப்புணர்வு விவர அரங்கம் மற்றும் சைதாபுர் பேரூர் ஓர்வச இயக்கப்போட்டிகள்</p> <p>நாள் : 03.08.2022 இடம் : கல்லூரி வளம் நேரம் : 3.00 மணி தலைப்பு: எய்ட்ஸ் விழிப்புணர்வுக்கு பெரிதும் காரணம் குடும்பமே சமூகமே </p> <p>விவர அரங்கம் :</p> <p>தலைவர்: Mr.K.Selthivel, District supervisor (TANSCAS),Nagapattinam. சமூகம்: Mr.N.Senthil Kumar Counsellor(CTC) குடும்பம்: R.Bala Abinmi III B.Sc Chemistry A.D.M.C</p> <p>முனைவர்.ப.புலிமேட்டி முனைவர்.ஆ.சீர குடும்பம்</p> <p>முனைவர்.ஆர்.அன்புமேட்டி குடும்பம்</p>	<p>நிபந்தி நிரல்</p> <p>நிபந்திநாள் வாழ்த்து</p> <p>வரவேற்புரை : முனைவர்.ப.புலிமேட்டி நிபந்திநாள் உதவிப் பேரறிஞர், செஞ்சுருள் சங்க குடும்பினர்.</p> <p>தலைமைப்புரை : முனைவர்.ஆர்.அன்புமேட்டி முனைவர், அ.கு.ம. மணிர் கல்லூரி(குளோட்.சி), நாடாட்டாளர்</p> <p>விவர அரங்கம் : எய்ட்ஸ் விழிப்புணர்வுக்கு பெரிதும் காரணம் குடும்பமே சமூகமே </p> <p>ஓர்வச இயக்கம் போட்டிகள் : சேன், எ.கு.ம., குளோட் போட்டிகள்</p> <p>நன்றிப்புரை : செஞ்சுருள் சங்கம்</p> <p>நாட்டுப்பாடல்.</p>
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MINUTES

RRC conducted Debate and sing a song of confidence on 03.08.2022 at ADM College for Women (Autonomous), Nagapattinam, for students on AIDS Awareness.

Judge:

Mr. K. Sakthivel,
Supervisor,
Tamil Nadu AIDS Control Society,
Nagapattinam

Participants

குடும்பமே

Selvi. Bala Abirami, III UG Chemistry

சமூகமே

Mr. N. Senthil Kumar,
AIDS Awareness Consultant,
Nagapattinam



RED RIBBON CLUB
YOUTH RED CROSS ORIENTATION PROGRAMME

A.D.M.College for Women (Autonomous) Nagapattinam



**Youth Red Cross
Organises**



Orientation Programme

Resource Person
Dr. G.V.Pandian
YRC.District Organiser&HOD Of Chemistry,
T.B.M.L.College, Porayar

Date :10.09.2022
Time: 2.00P.M to 4.00 P.M
Venue:Hall No:9,10

Dr.R.Jamuna Devi
G.Dharani
Programme Officers

Dr.R.Anbuselvi
Principal i/c

All are Cordially Invited

Greetings
15/9/2022

MINUTES

Youth Red Cross unit of A. D. M. College for women Organised Orientation programme for the YRC volunteers On 10.9.2022. The Programme started with Tamilthai valthu welcome address was given by Dr.R.Jamuna Devi, Assistant Professor of Commerce /YRC Programme officer Dr.G.V Pandian HOD of Chemistry / YRC District Organiser ,TBML College Porayar was the resource person. He enlightened the volunteers about the origin of Red Cross organization,structure, mission, seven fundamental principles, Disaster management and emergency preparedness. He explained the difference between accident and disaster. He motivated the volunteers to render Service to the society wherever needed . R. Dharani Assistant Professor of Bio-Chemistry / YRC Programme officer proposed the vote of thanks .The programme came to an end with the National Anthem.



ENTREPRENEURSHIP AND SKILL DEVELOPMENT

Beautician Course

**A.D.M.COLLEGE FOR WOMEN [Autonomous],
Nagapattinam**

Nationally Accredited with "A Grade" by NAAC 3rd Cycle.

ENTREPRENEURSHIP DEVELOPMENT CELL

Organise 2 days Workshop

On

Beautician Course

Date : 24.02.2022 to 25.02.2022

Time : 10.00 am to 4.00 pm

Resource Person : M.Induvigneswari
Skin and Hair Therapist and
Cosmetology, Chennai.



Dr.P.Rajeswari
Mrs.M.Thamilmathi
Co-ordinators

Dr. R. Anbuselvi
Principal i/c

All Are Cordially Invited

MINUTES

Entrepreneurship Development Cell of A.D.M. College for Women has organized two days certificate course for “ Beautician” on 24th& 25th February 2022. The objective of this program is to give practical exposure to the students to become an entrepreneur on Beautician course.

The programmewas conducted in two sessions i.e., from 10.00a.m to 1.00 p.m,and from 2.00p.m to 4.00 p.m.The programme commenced with welcome address delivered by Coordinator Dr.P.Rajeswari.



Day: 1

In the first session, Mrs.M.Induvigneshwari, gave a brief overview on the course and the topics to be covered through thecourse. She also explained introduction abouton Threading of Eyebrows, Shapes of Eyebrows and Removing of Tan from the face and more tips to maintain soft and smooth face. Shealso suggested many products that protect our skin from sunlight.



Day: 2

In the second session, she elaborated the process of facial and explained the importance of beautician. The session was quite enlightening to the students. The second session focused on trapping of sarees. Demonstration was given to students as to how to wear sarees in modest way and also tips regarding saree trapping.





The focus on the second day was about Hair dressing and cutting. Focus was mainly laid on the multiple types of hairstyles and bridal makeover. Emphasis was given on Manicure and Pedicure. Feedback is given by the students and Certificates were distributed to the Students. Meeting came to an end with National Anthem



**ENTREPRENEURSHIP DEVELOPMENT CELL
COLLEGE BAZAAR**

**A.D.M.COLLEGE FOR WOMEN (AUTONOMOUS),
NAGAPATTINAM.**

NATIONALLY ACCREDITED WITH "A GRADE" BY NAAC 3RD CYCLE

**ENTREPRENEURSHIP DEVELOPMENT CELL
&
TAMILNADU OF CORPORATION FOR DEVELOPMENT
OF WOMEN LTD, NAGAPATTINAM.**

Jointly Organise

COLLEGE BAZAAR

DATE: 30.03.2022 TO 01.04.2022

TIME : 10.00 A.M TO 5.00 P.M

PLACE: A.D.M.COLLEGE FOR WOMEN

**Dr.P.Rajeswari
Mrs.M.Thamilmathi
Co ordinators**

**Dr R.Anbuselvi
Principal i/c**

All are Cordially Invited

MINUTES

College Bazaar was organised in the college premises on 30.03.2022 to 01.04.2022 for promoting the sales of handmade products manufactured by the members of Women Self Help Groups, Nagapattinam. College Bazaar was inaugurated by the presence of Principal and the Project Director, Mahalir Thittam. Products like showcased dolls, jute products, artificial jewellery and natural herbs were exhibited, students and staff members purchased the products. Twenty Five Women Self Help Group members were benefitted by this College Bazaar.





ENTREPRENEURSHIP DEVELOPMENT CELL
FOOD FESTIVAL

A.D.M.COLLEGE FOR WOMEN [AUTONOMOUS], NAGAPATTINAM.

Nationally Accredited with "A" Grade in NAAC 3rd Cycle

Entrepreneurship Development Cell

Organise

Food Fest

Date : 01.04.2022 to 02.04.2022

Time : 11:00 a.m

Venue : A.D.M. College for Women (A), Nagapattinam.



Dr.P.Rajeswari
Mrs.M.Thamilmathi
Co - ordinators

Dr.P.Anbuselvi
Principal i/ c

All are Cordially Invited

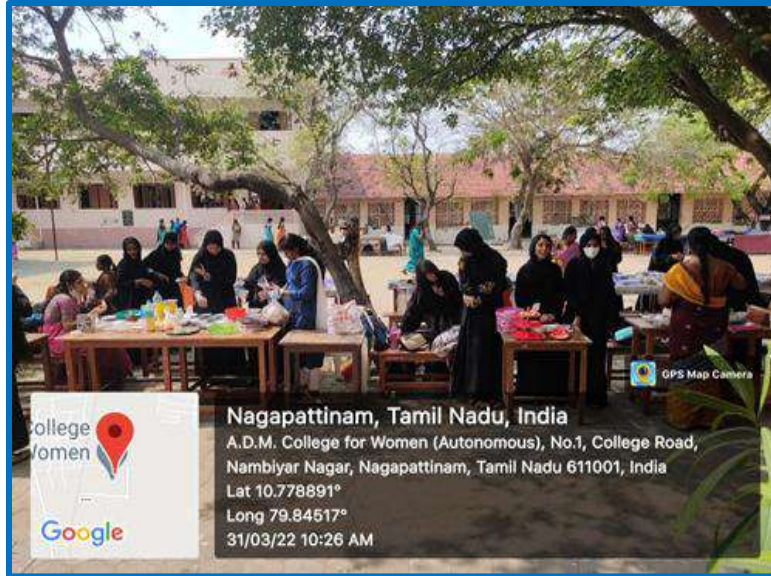
MINUTES

Entrepreneurship Development cell of A.D.M College for Women organized Food fest for two days from 01.04.22 to 02.04.2022 with a motive to explore Entrepreneurial skills among the students. It provides a huge exposure and deep insight of doing big scale events and is also a learning experience. This in turn helps in gaining and marketing skills which can help them when they graduate and organize events themselves. The event was organized in the college premises and inaugural function was at 11.00 am with a ribbon cutting by our Advisor Dr.Sivakamasundari, along with Principal and Controller of Examinations.

There were 10 stalls creatively exhibited with different variety of mouth watering delicacies like PaniPuri, Grill Sandwich, Veg, Rolls, Cup cakes, and Milk shake. Students were asked to create innovative ideas to market and sell their products. The stalls performed exceedingly well. The festival offered an opportunity to the students to learn team work, leadership, planning with overall management skills. The students under the guidance of Entrepreneurship Development Cell coordinators successfully planned and organized the food festival.

Exhibition Cum Sale:

Entrepreneurship Development Cell organized an Exhibition cum sale on 02.04.22 students had displayed stalls of greeting cards, artificial jewellery, decorative items, homemade soap and food items etc. There was tremendous response from both students and faculty. The stalls performed exceedingly well and the participants made good sale of the products. The efforts of the students and volunteers made the Food fest a grand success.



LEGAL AID CELL SERVICE



A.D.M. College for Women (Autonomous)

Nagapattinam

Affiliated to Bharathidasan University, Tiruchirapalli
(Nationally Accredited with 'A' Grade by NAAC-3rd Cycle)

Legal Aid Cell Services

ORGANISE

AN AWARENESS PROGRAMME ON
CYBER CRIME AGAINST WOMEN

DATE : 07.10.2021

TIME : 11.00 AM to 12.00 PM

VENUE : AV Room

Resource Person

Thiru C.Suresh Kumar, M.Sc., M.A., M.L.,
Secretary / Senior Civil Judge,
District Legal Services Authority,
Nagapattinam

All are Cordially Invited

S. Arule
R. Devi
Coordinators

Mrs.S. Mala
Dr.R. Devi

R. Anbuschi
Principal
Dr.R.Anbuschi

MINUTES

Department of History, Legal Aid Cell Services conducted an awareness programme 'Cyber Crime against Women' on 07.10.2021. Dr. R. Anbuselvi, Principal presided over this Meeting. Mrs R. Alamelu, Head of the Department, presented Special address. Mrs. S. Mala, Assistant Professor of History welcomed the gathering. Chief Guest Thiru. C. Suresh Kumar, M.Sc., M.A., M.L, Secretary, Senior Civil Judge, District Legal Services authority, Nagapattinam delivered a Lecture on Cyber Crimes through power point presentation. He also gave awareness to the students on how to protect themselves from various cyber crimes. Students from History, Economics and BBA faculty attended the programme and benefitted. Mrs. G. Anbarasi, Assistant professor of History, proposed vote of thanks.



INTERNAL COMPLAINT COMMITTEE
“SEXUAL HARASSMENT IN WORKPLACE ENVIRONMENT”

A.D.M. COLLEGE FOR WOMEN
(AUTONOMOUS), NAGAPATTINAM

(Re-Accredited with “A” Grade by NAAC)

NAGAPATTINAM-611 001



INTERNAL COMPLAINT COMMITTEE ORGANIZES

An Awareness Programme on

“SEXUAL HARASSMENT IN WORKPLACE ENVIRONMENT”

Date:06.12.2021

Time:2.00 PM

Venue:A.V ROOM

Resource person

Dr. Madhuramozhi Govindharajalu,
Head and Associate professor ,
PG & Research Department of Zoology.
A.D.M College for Women(Autonomous),
Nagapattinam.

All are cordially invited

Dr.S.Krishnaveni
Asst.prof.of Zoology
Co-Ordinator

R.Anubselvi
Principal

MINUTES

On 06.12.2021 ICC conducted a meeting in AV Room at 02.00 PM. Dr.S.Krishnaveni ICC Coordinator welcomed the gathering. Dr.R.Anbuselvi , Principal incharge gave the presidential address. Dr. Madhuramozhi Govindharajalu, Head and Associate professor , PG & Research Department of Zoology was the resource person for this programme.

In this Programme the resource person insists the Principal Internal Complaints Committee in the working environment which includes the range of actions that involves the harassment of person due to their sex. She has insisted everyone has the right to work and live in an environment that is free from harassment. She advised the students how to face the problems in the critical situations. She gave the self confidence to the students. In this Programme 52 students were participated.